

LESSON 51

The review for today covers the following ideas:

1. (1) **Nothing I see means anything.**

²The reason this is so is that I see nothing, and nothing has no meaning. ³It is necessary that I recognize this, that I may learn to see. ⁴What I think I see now is taking the place of vision. ⁵I must let it go by realizing it has no meaning, so that vision may take its place.

2. (2) **I have given what I see all the meaning it has for me.**

²I have judged everything I look upon, and it is this and only this I see. ³This is not vision. ⁴It is merely an illusion of reality, because my judgments have been made quite apart from reality. ⁵I am willing to recognize the lack of validity in my judgments, because I want to see. ⁶My judgments have hurt me, and I do not want to see according to them.

3. (3) **I do not understand anything I see.**

²How could I understand what I see when I have judged it amiss? ³What I see is the projection of my own errors of thought. ⁴I do not understand what I see because it is not understandable. ⁵There is no sense in trying to understand it. ⁶But there is every reason to let it go, and make room for what can be seen and understood and loved. ⁷I can exchange what I see now for this merely by being willing to do so. ⁸Is not this a better choice than the one I made before?

4. (4) **These thoughts do not mean anything.**

²The thoughts of which I am aware do not mean anything because I am trying to think without God. ³What I call "my" thoughts are not my real thoughts. ⁴My real thoughts are the thoughts I think with God. ⁵I am not aware of them because I have made my thoughts to take their place. ⁶I am willing to recognize that my thoughts do not mean anything, and to let them go. ⁷I choose to have them be replaced by what they were intended to replace. ⁸My thoughts are meaningless, but all creation lies in the thoughts I think with God.

5. (5) **I am never upset for the reason I think.**

²I am never upset for the reason I think because I am constantly trying to justify my thoughts. ³I am constantly trying to make them true. ⁴I make all things my enemies, so that my anger is justified and my attacks are warranted. ⁵I have not realized how much I have misused everything I see by assigning this role to it. ⁶I have done this to defend a thought system that has hurt me, and that I no longer want. ⁷I am willing to let it go.

LESSON 52

Today's review covers these ideas:

1. (6) **I am upset because I see what is not there.**

²Reality is never frightening. ³It is impossible that it could upset me. ⁴Reality brings only perfect peace. ⁵When I am upset, it is always because I have replaced reality with illusions I made up. ⁶The illusions are upsetting because I have given them reality, and thus regard reality as an illusion. ⁷Nothing in God's creation is affected in any way by this confusion of mine. ⁸I am always upset by nothing.

2. (7) **I see only the past.**

²As I look about, I condemn the world I look upon. ³I call this seeing. ⁴I hold the past against everyone and everything, making them my enemies. ⁵When I have forgiven myself and remembered Who I am, I will bless everyone and everything I see. ⁶There will be no past, and therefore no enemies. ⁷And I will look with love on all that I failed to see before.

3. (8) **My mind is preoccupied with past thoughts.**

²I see only my own thoughts, and my mind is preoccupied with the past. ³What, then, can I see as it is? ⁴Let me remember that I look on the past to prevent the present from dawning on my mind. ⁵Let me understand that I am trying to use time against God. ⁶Let me learn to give the past away, realizing that in so doing I am giving up nothing.

4 (9) **I see nothing as it is now.**

²If I see nothing as it is now, it can truly be said that I see nothing. ³I can see only what is now. ⁴The choice is not whether to see the past or the present; the choice is merely whether to see or not. ⁵What I have chosen to see has cost me vision. ⁶Now I would choose again, that I may see.

5 (10) **My thoughts do not mean anything.**

²I have no private thoughts. ³Yet it is only private thoughts of which I am aware. ⁴What can these thoughts mean? ⁵They do not exist, and so they mean nothing. ⁶Yet my mind is part of creation and part of its Creator. ⁷Would I not rather join the thinking of the universe than to obscure all that is really mine with my pitiful and meaningless "private" thoughts?

LESSON 53

Today we will review the following:

1 (11) **My meaningless thoughts are showing me a meaningless world.**

²Since the thoughts of which I am aware do not mean anything, the world that pictures them can have no meaning. ³What is producing this world is insane, and so is what it produces. ⁴Reality is not insane, and I have real thoughts as well as insane ones. ⁵I can therefore see a real world, if I look to my real thoughts as my guide for seeing.

2 (12) **I am upset because I see a meaningless world.**

²Insane thoughts are upsetting. ³They produce a world in which there is no order anywhere. ⁴Only chaos rules a world that represents chaotic thinking, and chaos has no laws. ⁵I cannot live in peace in such a world. ⁶I am grateful that this world is not real, and that I need not see it at all unless I choose to value it. ⁷And I do not choose to value what is totally insane and has no meaning.

3. (13) **A meaningless world engenders fear.**

²The totally insane engenders fear because it is completely undependable, and offers no grounds for trust. ³Nothing in madness is dependable. ⁴It holds out no safety and no hope. ⁵But such a world is not real. ⁶I have given it the illusion of reality, and have suffered from my belief in it. [^]ow I choose to withdraw this belief, and place my trust in reality. ⁸In choosing this, I will escape all the effects of the world of fear, because I am acknowledging that it does not exist.

4 (14) **God did not create a meaningless world.**

²How can a meaningless world exist if God did not create it? ³He is the Source of all meaning, and everything that is real is in His Mind. ⁴It is in my mind too, because He created it with me. ⁵Why should I continue to suffer from the effects of my own insane thoughts, when the perfection of creation is my home? ⁶Let me remember the power of my decision, and recognize where I really abide.

5. (15) **My thoughts are images that I have made.**

²Whatever I see reflects my thoughts. ³It is my thoughts that tell me where I am and what I am. ⁴The fact that I see a world in which there is suffering and loss and death shows me that I am seeing only the representation of my insane thoughts, and am not allowing my real thoughts to cast their beneficent light on what I see. ⁵Yet God's way is sure. ⁶The images I have made cannot prevail against Him because it is not my will that they do so. ⁷My will is His, and I will place no other gods before Him.

LESSON 54

These are the review ideas for today:

1. (16) **I have no neutral thoughts.**

²Neutral thoughts are impossible because all thoughts have power. ³They will either make a false world or lead me to the real one. ⁴But thoughts cannot be without effects. ⁵As the world I see arises from my thinking errors, so will the real world rise before my eyes as I let my errors be corrected. ⁶My thoughts cannot be neither true nor false. ⁷They must be one or the other. ⁸What I see shows me which they are.

2. (17) **I see no neutral things.**

²What I see witnesses to what I think. ³If I did not think I would not exist, because life is thought. ⁴Let me look on the world I see as the representation of my own state of mind. ⁵I know that my state of mind can change. ⁶And so I also know the world I see can change as well.

3. (18) **I am not alone in experiencing the effects of my seeing.**

²If I have no private thoughts, I cannot see a private world. ³Even the mad idea of separation had to be shared before it could form the basis of the world I see. ⁴Yet that sharing was a sharing of nothing. ⁵I can also call upon my real thoughts, which share everything with everyone. ⁶As my thoughts of separation call to the separation thoughts of others, so my real thoughts awaken the real thoughts in them. ⁷And the world my real thoughts show me will dawn on their sight as well as mine.

4. (19) **I am not alone in experiencing the effects of my thoughts.**

²I am alone in nothing. ³Everything I think or say or do teaches all the universe. ⁴A Son of God cannot think or speak or act in vain. ⁵He cannot be alone in anything. ⁶It is therefore in my power to change every mind along with mine, for mine is the power of God.

5. (20) **I am determined to see.**

²Recognizing the shared nature of my thoughts, I am determined to see. ³I would look upon the witnesses that show me the thinking of the world has been changed. ⁴I would behold the proof that what has been done through me has enabled love to replace fear, laughter to replace tears, and abundance to replace loss. ⁵I would look upon the real world, and let it teach me that my will and the Will of God are one.

LESSON 55

Today's review includes the following:

1. (21) **I am determined to see things differently.**

²What I see now are but signs of disease, disaster and death. ³This cannot be what God created for His beloved Son. ⁴The very fact that I see such things is proof that I do not understand God. therefore I also do not understand His Son. ⁶What I see tells me that I do not know who I am. ⁷I am determined to see the witnesses to the truth in me, rather than those which show me an illusion of myself.

2. (22) **What I see is a form of vengeance.**

²The world I see is hardly the representation of loving thoughts. ³It is a picture of attack on everything by everything. ⁴It is any thing but a reflection of the Love of God and the love of His Son. ⁵It is my own attack thoughts that give rise to this picture. ⁶My loving thoughts will save me from this perception of the world, and give me the peace God intended me to have.

3. (23) **I can escape from this world by giving up attack thoughts.**

²Herein lies salvation, and nowhere else. ³Without attack thoughts I could not see a world of attack. ⁴As forgiveness allows love to return to my awareness, I will see a world of peace and safety and joy. ⁵And it is this I choose to see, in place of what I look on now.

4. (24) **I do not perceive my own best interests.**

²How could I recognize my own best interests when I do not know who I am? ³What I think are my best interests would merely bind me closer to the world of illusions. ⁴I am willing to follow the Guide God has given me to find out what my own best interests are, recognizing that I cannot perceive them by myself.

5. (25) **I do not know what anything is for.**

²To me, the purpose of everything is to prove that my illusions about myself are real. ³It is for this purpose that I attempt to use everyone and everything. ⁴It is for this that I believe the world is for. ⁵Therefore I do not recognize its real purpose. ⁶The purpose I have given the world has led to a frightening picture of it. ⁷Let me open my mind to the world's real purpose by withdrawing the one I have given it, and learning the truth about it.

LESSON 56

Our review for today covers the following:

1. (26) **My attack thoughts are attacking my invulnerability.**

²How can I know who I am when I see myself as under constant attack? ³Pain, illness, loss, age and death seem to threaten me. ⁴All my hopes and wishes and plans appear to be at the mercy of a world I cannot control. ⁵Yet perfect security and complete fulfillment are my inheritance. ⁶I have tried to give my inheritance away in exchange for the world I see. ⁷But God has kept my inheritance safe for me. ⁸My own real thoughts will teach me what it is.

2. (27) **Above all else I want to see.**

²Recognizing that what I see reflects what I think I am, I realize that vision is my greatest need. ³The world I see attests to the fearful nature of the self-image I have made. ⁴If I would remember who I am, it is essential that I let this image of myself go. ⁵As it is replaced by truth, vision will surely be given me. ⁶And with this vision, I will look upon the world and on myself with charity and love.

3. (28) **Above all else I want to see differently.**

²The world I see holds my fearful self-image in place, and guarantees its continuance. ³While I see the world as I see it now, truth cannot enter my awareness. ⁴I would let the door behind this world be opened for me, that I may look past it to the world that reflects the Love of God.

4. (29) **God is in everything I see.**

²Behind every image I have made, the truth remains unchanged. ³Behind every veil I have drawn across the face of love, its light remains undimmed. ⁴Beyond all my insane wishes is my will, united with the Will of my Father. ⁵God is still everywhere and in everything forever. ⁶And we who are part of Him will yet look past all appearances, and recognize the truth beyond them all.

5. (30) **God is in everything I see because God is in my mind.**

²In my own mind, behind all my insane thoughts of separation and attack, is the knowledge that all is one forever. ³I have not lost the knowledge of Who I am because I have forgotten it. ⁴It has been kept for me in the Mind of God, Who has not left His Thoughts. ⁵And I, who am among them, am one with them and one with Him.

LESSON 57

Today let us review these ideas:

1. (31) **I am not the victim of the world I see.**

²How can I be the victim of a world that can be completely undone if I so choose? ³My chains are loosened. ⁴I can drop them off merely by desiring to do so. ⁵The prison door is open. ⁶I can leave simply by walking out. Nothing holds me in this world. ⁸Only my wish to stay keeps me a prisoner. ⁹I would give up my insane wishes and walk into the sunlight at last.

2. (32) **I have invented the world I see.**

²I made up the prison in which I see myself. ³All I need do is recognize this and I am free. ⁴I have deluded myself into believing it is possible to imprison the Son of God. ⁵I was bitterly mistaken in this belief, which I no longer want. ⁶The Son of God must be forever free. ⁷He is as God created him, and not what I would make of him. ⁸He is where God would have him be, and not where I thought to hold him prisoner.

3. (33) **There is another way of looking at the world.**

²Since the purpose of the world is not the one I ascribed to it, there must be another way of looking at it. ³I see everything upside down, and my thoughts are the opposite of truth. ⁴I see the world as a prison for God's Son. ⁵It must be, then, that the world is really a place where he can be set free. ⁶I would look upon the world as it is, and see it as a place where the Son of God finds his freedom.

4. (34) **I could see peace instead of this.**

²When I see the world as a place of freedom, I realize that it reflects the laws of God instead of the rules I made up for it to obey. ³I will understand that peace, not war, abides in it. ⁴And I will perceive that peace also abides in the hearts of all who share this place with me.

5. (35) **My mind is part of God's. ²I am very holy.**

³As I share the peace of the world with my brothers, I begin to understand that this peace comes from deep within myself. ⁴The world I look upon has taken on the light of my forgiveness, and shines forgiveness back at me. ⁵In this light I begin to see what my illusions about myself kept hidden. ⁶I begin to understand the holiness of all living things, including myself, and their oneness with me.

LESSON 58

These ideas are for review today:

1. (36) **My holiness envelops everything I see.**

²From my holiness does the perception of the real world come. ³Having forgiven, I no longer see myself as guilty. ⁴I can accept the innocence that is the truth about me. ⁵Seen through understanding eyes, the holiness of the world is all I see, for I can picture only the thoughts I hold about myself.

2. (37) **My holiness blesses the world.**

²The perception of my holiness does not bless me alone. Every one and everything I see in its light shares in the joy it brings to me. ⁴There is nothing that is apart from this joy, because there is nothing that does not share my holiness. ⁵As I recognize my holiness, so does the holiness of the world shine forth for everyone to see.

3. (38) **There is nothing my holiness cannot do.**

²My holiness is unlimited in its power to heal, because it is unlimited in its power to save. ³What is there to be saved from except illusions? ⁴And what are all illusions except false ideas about myself? ⁵My holiness undoes them all by asserting the truth about me. ⁶In the presence of my holiness, which I share with God Himself, all idols vanish.

4. (39) **My holiness is my salvation.**

²Since my holiness saves me from all guilt, recognizing my holiness is recognizing my salvation. ³It is also recognizing the salvation of the world. ⁴Once I have accepted my holiness, nothing can make me afraid. ⁵And because I am unafraid, everyone must share in my understanding, which is the gift of God to me and to the world.

5. (40) **I am blessed as a Son of God.**

²Herein lies my claim to all good and only good. ³I am blessed as a Son of God. ⁴All good things are mine, because God intended them for me. ⁵I cannot suffer any loss or deprivation or pain because of Who I am. ⁶My Father supports me, protects me, and directs me in all things. ⁷His care for me is infinite, and is with me forever. ⁸I am eternally blessed as His Son.

LESSON 59

The following ideas are for review today:

1. (41) **God goes with me wherever I go.**

²How can I be alone when God always goes with me? ³How can I be doubtful and unsure of myself when perfect certainty abides in Him? ⁴How can I be disturbed by anything when He rests in me in absolute peace? ⁵How can I suffer when love and joy surround me through Him? ⁶Let me not cherish illusions about my self. ⁷I am perfect because God goes with me wherever I go.

2. (42) **God is my strength. ²Vision is His gift.**

³Let me not look to my own eyes to see today. ⁴Let me be willing to exchange my pitiful illusion of seeing for the vision that is given by God. ⁵Christ's vision is His gift, and He has given it to me. ⁶Let me call upon this gift today, so that this day may help me to understand eternity.

3. (43) **God is my Source. ²I cannot see apart from Him.**

³I can see what God wants me to see. ⁴I cannot see anything else. ⁵Beyond His Will lie only illusions. ⁶It is these I choose when I think I can see apart from Him. ⁷It is these I choose when I try to see through the body's eyes. ⁸Yet the vision of Christ has been given me to replace them. ⁹It is through this vision that I choose to see.

4. (44) **God is the light in which I see.**

²I cannot see in darkness. ³God is the only light. ⁴Therefore, if I am to see, it must be through Him. ⁵I have tried to define what seeing is, and I have been wrong. ⁶Now it is given me to understand that God is the light in which I see. ⁷Let me welcome vision and the happy world it will show me.

5. (45) **God is the Mind with which I think.**

²I have no thoughts I do not share with God. ³I have no thoughts apart from Him, because I have no mind apart from His. ⁴As part of His Mind, my thoughts are His and His Thoughts are mine.

LESSON 60

These ideas are for today's review:

1. (46) **God is the Love in which I forgive.**

²God does not forgive because He has never condemned. ³The blameless cannot blame, and those who have accepted their innocence see nothing to forgive. ⁴Yet forgiveness is the means by which I will recognize my innocence. ⁵It is the reflection of God's Love on earth. ⁶It will bring me near enough to Heaven that the Love of God can reach down to me and raise me up to Him.

2. (47) **God is the strength in which I trust.**

²It is not my own strength through which I forgive. ³It is through the strength of God in me, which I am remembering as I forgive. ⁴As I begin to see, I recognize His reflection on earth. ⁵I forgive all things because I feel the stirring of His strength in me. ⁶And I begin to remember the Love I chose to forget, but which has not forgotten me.

3. (48) **There is nothing to fear.**

²How safe the world will look to me when I can see it! ³It will not look anything like what I imagine I see now. ⁴Everyone and everything I see will lean toward me to bless me. ⁵I will recognize in everyone my dearest Friend. ⁶What could there be to fear in a world that I have forgiven, and that has forgiven me?

4. (49) **God's Voice speaks to me all through the day.**

²There is not a moment in which God's Voice ceases to call on my forgiveness to save me. ³There is not a moment in which His Voice fails to direct my thoughts, guide my actions and lead my feet. ⁴I am walking steadily on toward truth. ⁵There is nowhere else I can go, because God's Voice is the only Voice and the only Guide that has been given to His Son.

5. (50) **I am sustained by the Love of God.**

²As I listen to God's Voice, I am sustained by His Love. ³As I open my eyes, His Love lights up the world for me to see. ⁴As I forgive, His Love reminds me that His Son is sinless. ⁵And as I look upon the world with the vision He has given me, I remember that I am His Son.

www.absolute1.net



free spiritual ebooks